



Let's Work Together To Achieve Good Oral Health

The disease that causes cavities is an infectious and transmissible disease that is caused by multiple factors and are almost entirely preventable. The key to preventing the disease is to eliminate risk factors in combination with preventive and therapeutic interventions. Please complete the following questionnaire below. Upon completion, your oral health provider will help you understand your risk level and explain options to help obtain your oral health goals.

- What are your long-term goals for your oral health?

- Please share any oral health questions or concerns you have.

- Has anything changed in your oral health since your last visit?

- What would you like our dental team to accomplish for you?

For Children

Any cavities in the past year? Yes No

Any family history of cavities? Yes No

Beverage besides water used for sleep? Yes No

Between-meal candy, sugared snacks, crackers or cereal? Yes No
(Greater than three times daily)

Are teeth brushed twice daily and for two minutes each time? Yes No

For Adults

Any cavities in the past 1-3 years? Yes No

Between-meal candy, sodas or snacks? Yes No
(Greater than three times daily)

Daily dry mouth symptoms? Yes No

Food stuck in or between teeth following eating? Yes No

Are teeth brushed twice daily and for two minutes each time? Yes No



With your input we will help determine if you are at an increased risk for the development of destructive oral diseases. Together we will create a treatment plan that fits your lifestyle to improve or maintain your oral health. Our goal is to help you meet your goals and eliminate or balance risks.

Patient Name: _____

Oral Hygiene Instruction (D1330), Nutritional Counseling (D1310), and Motivational Interviewing (D9993): _____

Recall Frequency: 3 Months 4 Months 6 Months

Your Current Risk Status: Low D0601 Moderate D0602 High D0603 _____

Choices To Improve Oral Health

In-Office Strategies



Preventive Recare Appointment

- 3 Months
- 4 Months
- 6 Months



Options to Strengthen Your Teeth

- Fluoride Varnish D1206
- Silver Diamine Fluoride D1354



Protect Your Teeth

- Sealants D1351



Options for Germ Control

- Silver Diamine Fluoride D1354
- Essential Oils
- Chlorhexidine Gluconate

At-Home Strategies



Prescriptions to Strengthen Your Teeth D9630

- 5000ppm Toothpaste
- Stannous Fluoride
- Calcium Phosphates



Options for Germ Control D9630

- Chlorhexidine Gluconate
- Stannous Fluoride
- Antibiotics
- Essential Oils



Improve At-Home Cleaning D1330

- Floss/Interdental Cleaners
- Electric Toothbrush
- Tongue Cleaner
- Water Floss



Nutrition D1310

- Improved Diet
- Fewer Snacks
- Replace Sugary Drinks with Water

